

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ncholas green

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 01:38:24

PACE 07:33/km

OVERALL 37 of 108

GENDER 30 of 69

40 - 49 13 of 30

27 January 2019, Sun

Date



Bout Time